## **Regular Mentoring Meeting Agenda**

(60 minutes)

#### Mentoring Meeting Agenda

#### 1. UPDATE: (10 MINUTES)

- Reminder of confidentiality
- Check in and update of what has happened since last meeting
- Action points from last meeting

#### 2. ISSUES AND INSIGHTS: (20 MINUTES)

- Current reality
- Issues/challenges/topics to discuss
- Desired outcomes
- Review goals

### 3. EXPLORE POSSIBILITIES: (15 MINUTES)

- Explore options to achieve outcomes
- Strategies to achieve goal
- Mentor sharing

# 4. BUILD CONFIDENCE AND ACTION: (10 MINUTES)

List actions

# 5. WRAP UP AND NEXT: (5 MINUTES)

- Next meeting
- Appreciation